

# THE ART OF BALANCING-BALANCING ACTS

## 2019 WORKSHOPS WITH WOLFGANG WEISER, SWEDEN

Galway, Ireland March 19 - 21<sup>th</sup> Contact: Richard Brennan: [info@alexander.ie](mailto:info@alexander.ie)

New York, USA, May 18 /19<sup>th</sup>. Contact: Belinda Mello: [bmello@alextechmotion.com](mailto:bmello@alextechmotion.com)

San Diego, USA May 22<sup>th</sup> Contact: Alice Olsher: [aliceolsher@gmail.com](mailto:aliceolsher@gmail.com)

San Francisco, USA May 25/26<sup>th</sup> Contact: Flora Ojanen: [flora.alexanderstudio@gmail.com](mailto:flora.alexanderstudio@gmail.com)

Gotland, Sweden August 6<sup>th</sup> - 8<sup>th</sup>. Contact: Wolfgang Weiser: [at@weiser.se](mailto:at@weiser.se)

Chelmsford, UK Nov. Contact: Sandra Waller, [sandrawaller161@btinternet.com](mailto:sandrawaller161@btinternet.com) (prel.)

London, UK Nov. Contact CTC, [constructiveteachingcentre@gmail.com](mailto:constructiveteachingcentre@gmail.com) (prel.)

**More details about the workshops are available through the contact person or me. All the workshops are about "aligning in relation to space and matter using the principles of the Alexander Technique". If you need more details, please notify the contact person or me as soon as possible to secure your place.**

*"Wolfgang's workshop was truly a unique experience. I never imagined walking on a tightrope would be such an exhilarating and effective way to explore the Alexander Technique. With Wolfgang's guidance, I overcame my fear of falling, and discovered a new sense of balance and freedom. Wolfgang is an innovative teacher who creates both a thrilling and safe environment for deepening the practice of the Alexander Technique."* **Jessica Wolf, Alexander teacher and Professor in the Practice of Acting, Yale School of Drama**

*"With his well-developed sense of play, Wolfgang creates an ideal environment for learning. He weaves the Alexander Technique Principles into activities so skillfully that participants at every level are thoroughly engaged."* **Babette Markus, Adjunct Professor of Alexander Technique at USC and CalArts as well as a founding member of the Alexander Training Institute, Los Angeles (ATI-LA)**

*"Wolfgang Weiser is an exceptional teacher by any standard His instructions are very clear and he always makes learning fun. I cannot praise him too highly. "*

**Richard Brennan, Director of the AT Ireland**

*"Thanks for that, Wolfgang, and I must say, walking the tightrope was one experience I never expected to have in my life...quite the highlight of my year! I keep showing the video to my amazed friends who know how often I tended to fall over...my lifelong poor balance is legendary. Funnily enough, although I have not practised any of the techniques you showed us, I have not fallen down once since your workshop. Coincidence? I think not!"* **Dr. Miriam A Wohl**



**WOLFGANG WEISER, S** trained in England and Germany between 1993-97. He is an international recognized AT teacher and working at training courses as well as giving workshops for teacher development all over Europe. He has taught the AT at the Theatre University of Stockholm and worked with performers all over Sweden. Prior experience includes working as performer, dancer and juggler since 1984. He also holds a BA for teaching Theatre & Circus as well as a MA in education. On the Island of Gotland, Sweden he is running a residence project and teaching summer courses. For further information: [www.alexanderteknik.weiser.se](http://www.alexanderteknik.weiser.se)